

#### Evidencing the impact. New Hartley First School

In partnership with the other Seaton Valley first and middle schools, in 2015-16 New Hartley First School are using £8490 of Sport Premium funding to create and deliver a:

Vision for PE and School Sport in Seaton Valley

- Ensuring that PE and sport are at the heart of school life to raise achievement for all young people.
- High Quality PE as a universal entitlement of all pupils which promotes the development of healthy active lifestyles and competitive School Sport.

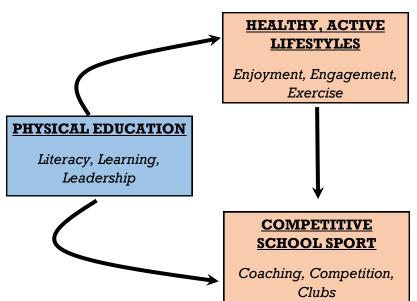
Sport Premium funding is being used to achieve the following in Seaton Valley:

#### PHYSICAL EDUCATION

A high quality *physical education programme* (education through physical activity rather than sports coaching) focusing on developing physical literacy.

A scheme for training, deploying, recognising and rewarding young sports leaders.

**Professional Development** Opportunities to improve the capacity of teachers / practitioners.



#### **COMPETITIVE SPORT**

All children being appropriately challenged, focusing on achieving personal bests rather than being the best. A programme offering regular *club participation* opportunities where pupils can learn about specific sports, receive age appropriate coaching and improve their skills.

A competition / festival calendar, in addition to the School Games offer, with at least one opportunity per year group per year. Support to develop intra school competition.

#### **HEALTHY, ACTIVE LIFESTYLES**

A range of appealing opportunities for physical activity which focus on enjoyment and promotes wider health and well being messages.

Lunchtime and play time physical activity supported by young leaders and school staff. Clubs which target the least active young people and offer a physical activity intervention developed specifically for them.

Involvement in whole year group health / physical activity programmes.





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**KEY PRIORITY: Physical Education** — High Quality Physical Education as a universal entitlement for all pupils.

SRATEGIES	AUTUMN	SPRING	SUMMER	EVIDENCE & SUSTAINABILITY
Deliver a high quality physical	PROGRESS:	PROGRESS:	PROGRESS:	School Games Mark.
education programme, focusing on developing physical literacy. Using	PE specialist teacher SM has been	PE specialist teacher SM has been		Lesson plans.
specialist staff to raise achievement.	released to work alongside other class	released to work alongside other class		Dunil account we could
specialist starr to raise delineverneric.	teachers within PE lessons in half term	teachers within PE lessons in half term		Pupil assessment records
	blocks.	blocks.		Teacher feedback
	In the autumn term the Y1 teacher has	In the Spring term Year 2 have been		Sustainable through the
	been supported to teach units of work	supported with football, with the TA		upskilling of staff.
	in gymnastics and games.	observing to develop ideas and		
		techniques. Pupils developed their		
		basic skills including sending and		
		receiving the ball, progressing onto small sided games. Teacher expertise		
		meant that through differentiation all		
		pupils were appropriately challenged		
		and made progress.		
		The Y3 class have completed a unit of		
		work in dance. The quality of teaching		
		was higher than if a non-specialist had		
		led these lessons. Pupils developed an		
		understanding of the basic foundations		
		of dance and choreography. They		
		explored basic breakdance steps and		
		were given the opportunity to choreograph and perform their own		
		choreographi and perioriti their own	<u> </u>	Sainsbury's



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			routines.		
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	• 1	IMPACT:	IMPACT:	IMPACT:	-1-1-1-
		The quality of PE in Y1 has improved	The quality of PE in Y2 and Y3 has		1-1-1-1
		due to specialist teaching and	improved due to specialist teaching		1:1:1:
		increased subject knowledge of the	and increased subject knowledge of		1111
		non-specialist teacher.	the non-specialist teacher.		1+1+1
		non specialist teacher.	the non specialist teacher.		[-]-
		Y1 pupils have developed their physical	Y2 pupils have become more confident		1:1:
		literacy. Agility, balance and co-	and competent in their fundamental		1
		ordination have improved. Through	movement skills.		;-;
		gymnastics they have also improved	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		<u>:</u>
		their flexibility, technique and control.	Y3 pupils have increased in their ability		-
			to perform dances using a range of		
			movement patterns.		
Р	lan and develop a PE curriculum that	PROGRESS:	PROGRESS:	PROGRESS:	PE curriculum map,
is	s broad and engaging for all and meets				schemes of work and
	he requirements of the national	The PE curriculum has been reviewed,	In order to achieve the National		lessons plans.
	urriculum.	ensuring it meets the requirements of	Curriculum aim that all pupils lead		·
		the national curriculum.	healthy, active lives; PE and sports		Sustainable as curriculum
			premium funding has been used to		now in place.
			allow all Y3 pupils to complete the		
			Newcastle United Foundation's Match		
			Fit programme. Pupils took part in		
			physical activity (football fitness)		
			sessions alongside lessons in nutrition		
			and healthy living.		





	IMPACT:	IMPACT:	IMPACT:	
	Greater focus on developing physical literacy. A more varied curriculum with a balance of opportunities.	<ul> <li>Y4 pupil's knowledge of fitness and nutrition and physical fitness has improved following the Match Fit programme. Pre and post programme test results showed:</li> <li>96% of pupils improved their knowledge about nutrition.</li> <li>79% of pupils increased their knowledge of fitness.</li> <li>86.% of children demonstrated increased fitness levels (as assessed by the walking test)</li> </ul>		
Provide professional development opportunities to improve the confidence and competence of staff.	PROGRESS:  Staff attended a hulahoop workshop following the Hulahoop Experience day. They were able to practice hulahoop skills and games themselves and also learnt how to plan sessions for enjoyment and progression in a safe way.  The hoopstarz website was explored which all staff now have access to. This includes lessons plans, details of how to teach the skills and games as well as video clips demonstrating good technique.	PROGRESS:  Mr Dey attended a 'Schools United' conference at St James Park. The aim of this was to demonstrate how football can be used as a resource for learning. The conference showcased sporting and education projects that Newcastle United Foundation offer to schools.	PROGRESS:	Hoopstarz website usage.  CPD registers and notes.  Staff feedback.  Sustainable through increased staff confidence and competence.





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	IMPACT:	IMPACT:	IMPACT:	
	Staff are more confident in leading hulahoop activity. They are better able to support the young leaders in delivering playground activity.	Greater awareness of programmes available to support learning.		
Develop a scheme for training,	PROGRESS:	PROGRESS:	PROGRESS:	Leadership training
Develop a scheme for training, deploying, recognising and rewarding young sports leaders.	PROGRESS:  PE and sports premium funding has been used to provide training to all Y3 pupils to become playground leaders. This covered:  The qualities of a good leader.  Benefits of participating in physical activity (physical and social).  Re-cap of hulahoop skills, and how to teach these skills.  Introducing skills, how to break them down, how to ensure safety, and how to support pupils who are struggling with a skill.  How to lead playground games (emphasising safety)  As part of the training the playground leaders practised what they had	PROGRESS:  Play leaders trained in the autumn term have continued to deliver pupil led physical activity at lunch times.	PROGRESS:  Play leaders trained in the autumn term have continued to deliver pupil led physical activity at lunch times.	reports.  Playground rotas and participation records.  Staff feedback.  School Games Mark.  Sustainable for the remainder of the year as pupils now confident to lead activities, however new leaders would need to be trained each year.
	learned with a group of Y2 pupils.  8 Y4 pupils have also continued in their			
	role as playground leaders, the lead playground games daily on a rota			





	which 20-13 pupils participate in each			1111
-[-1-1-1-1-1-1-1	day.			1-1-1-1-
				111111
				1-1-1-1-
				1-1-1-1-1
	IMPACT:	IMPACT:	IMPACT:	1-1-1-1
				-1-1-1-
	Playground leaders are skilled and	Maintained levels of participation in	Maintained levels of participation in	-1-1-1-
	confident in leading lunchtime physical	physical activity.	physical activity	1-1-1-1
	activity. They have developed their			[+]-[-
	leadership, organisational and			1.1
	communication skills and their			(*)
	confidence has increased.			]-[·
	confidence has increased.			• •
	Pupils understand the benefits of			- [ -
	physical activity and the importance of			•
	being active every day.			
	being active every day.			
Offer talented young sports people	PROGRESS:	PROGRESS:	PROGRESS:	,
specific support to help them develop				
their sporting potential.		Y4 pupils completed a range of tests to		
their sporting potential.		evaluate their physical literacy (agility,		
		balance, co-ordination) as well as their		
		strength and coach-ability.		
		4 pupils were identified as talented		
		and were selected to attend the		
		Partnership Multi Skills Academy. This		
		took place over 5 weeks and rotated		
		around schools in the Partnership.		
		•		
		Pupils completed tasks and drills		
		designed to improve their core		
		strength, co-ordination, agility,		





		reaction time, accuracy and balance.		
Y PRIORITY: Competitive Spo	OF <del>t — Ensuring all pupils are</del> IMPACT:	-appropriately challenged, with focus on achievin IMPACT:	graces and bests as well as being the best.	
	IIVIPACI:	IIVIPACI:	IMPACI:	1919
		Pupils demonstrated an improvement		14.14
		in 5 of the 6 tests that could accurately		1414
		be carried out in the final week of the		
		multi skills academy. Co-ordination		
		(measured by tennis ball keep ups)		
		improved on average by 35%. All pupils		
		showed an overall improvement in		
		power (measured by triple hop). Agility		
		and co-ordination measured by		
		basketball dribbling improved on		
		average by 17%. Core strength		
		measured by the sit up test improved		
		by 6%.		
		Pupils confidence increased, as did		
		their knowledge of what was needed		
		and how to improve their physical		
		literacy. Pupils were able to experience		
		a broader range of activities and		
		receive tailored coaching.		
		Pupils also commented that the		
		experience of visiting different schools		
		had been exciting, and that working		
		with pupils from other schools would		
		ease their transition into middle school		





SRATEGIES	AUTUMN	SPRING	SUMMER	EVIDENCE &
				SUSTAINABILITY
Increase participation in a range of extra curricular sports opportunities. Use a monitoring tool to track and analyse participation rates.	PROGRESS:  Pupils were surveyed to see what type of activities they would like to see offered as breakfast and after school clubs. Club registers from last academic year have been reviewed and targets set to improve overall participation rates but also to increase the proportion of girls taking part.  Primary PE and Sports Premium funding has been used to provide breakfast and after school clubs at no charge to pupils, with particular year groups being targeted each half term. Pupils' participation is tracked so that future clubs can be targeted at those not currently engaged.  In the Autumn term breakfast clubs were offered in Y3/4 orienteering and Y1/2 gymnastics; after school clubs were provided in Y1/2 basketball and Y3/4 archery.	PROGRESS:  PE and Sports Premium funding has been used to provide weekly breakfast and after school clubs. Gymnastics and fencing were offered in spring 1 (Y3/4) and racket sports and netball in spring 2 (Y1/2). On average 20 pupils have attended each week.	PROGRESS:  PE and Sports Premium funding has been used to provide weekly breakfast and after school clubs. Multi sport, athletics and racket sports were offered in the summer term with different year groups targeted at each club. An average of 15 pupils regularly attended each club.	School Games Mark.  Club registers and tracking data.  Sustainable only if cost was passed on to pupils.





	IMPACT:	IMPACT:	IMPACT:	(1)
	Pupil voice used to determine activities offered — greater engagement and ownership. Increase in the number of pupils participating in OSHL sport. 44% of pupils in Y1 and Y2 have regularly attended a sports club and 42% of pupils in Y3 and Y4 have attended.	Increase in the number of pupils participating in extra-curricular sport. 44% of pupils are now engaged.	Fewer pupils participating in no OSHL clubs.	
Develop competitive opportunities for	PROGRESS:	PROGRESS:	PROGRESS:	Competition calendar and
all pupils in intra and inter school competitions.	20 pupils (A and B team) were selected to compete in the Cramlington & Seaton Valley, School Games level 2 football tournament.		All pupils in Y3 and 4 participated in an intra school athletics competition as the culmination of a unit of work in athletics. The results from this also fed into an area inter school competition.  Y4 pupils received weekly coaching in rugby league with Lee Carbutt from Astley High School. Pupils took part in drills and games to develop the basic skills of tag rugby – throwing, catching, running, dodging; before being introduced to small sided games. The aim of these sessions was to prepare pupils for the School Games Y3/4 Tag rugby competition. A team of 10 pupils represented the school and won the competition for the 4 <sup>th</sup> consecutive year.  The Rugby team went on to represent	results.  School Games Mark.  Certificates and match reports.  Sustainable as entry to School Games competitions is free of charge.





the area at the Northumberland School Games finals and were bronze medallists.  All pupils in Y1 participated in the Partnership multiskills festival alongside over 100 pupils from other first schools. Pupils participated in a range of activities aimed at improving their agility, balance and co-ordination as well as showcasing a variety of ways of being physically active involving minimal equipment.  All Y2 pupils participated in a basketball festival led by coaches from Newcastle Eagles.  IMPACT:  Increased participation in inter school competition.  Pupils have been exposed to a broader range of activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improved understanding of the skills required to be successful activities and have an improve understanding of the skills required to be set to set to be successful activities and have an improve the skills in the	•			
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SRATEGIES	AUTUMN	SPRING	SUMMER	EVIDENCE & SUSTAINABILITY
KEY PRIORITY: Healthy, Active I being messages.	<b>Lifestyles</b> — Provide a range of appea	aling opportunities for physical activity	which focus on enjoyment and promo	te wider health and well-
	Pupils have a greater awareness of where they can participate in physical activities in the community.	Pupils are more aware of opportunities for sports participation within the local community.	Pupils have a greater awareness of where they can participate in physical activities in the community.	
	IMPACT:	IMPACT:	IMPACT:	strong links with high school.
	time) have been promoted to all pupils.	copy of.		Sustainable through
paradiparadi mana dan manay.	community sport at the Partnership High school (term time and holiday	promoted in the Sports Premium newsletter which all pupils receive a	community basketball and rugby clubs.	School Games Mark
promote opportunities for participation in the community.	Opportunities for participation in	Community clubs /sessions were	Pupils have been signposted to	Posters
Make links with community clubs and	PROGRESS:	PROGRESS:	PROGRESS:	Leaflets
			ways in which they can be active within and outside of school.	
			aspirations and increased self- confidence. Pupils know a variety of	
			other schools. This has raised their	
			normal school environment and were challenged to work with pupils from	
			experienced an event outside of their	
			KS1 pupils fundamental movement skills have improved. They have	





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Use physical activity to improve pupils'	PROGRESS:	PROGRESS:	PROGRESS:	Photographs.
health, well-being and educational outcomes.	All pupils participated in a hulahoop experience day. Specialist coaches led sessions with all classes. Pupils were taught basic hulahoop skills, progressing onto more complex skills and tricks. Pupils also practiced group games and other ways to use the hoops. Hulahooping was promoted as a fun easy way to be physically active.  Y3 attended a hulahooping festival at Blyth Sports Centre alongside the other Seaton Valley schools. Pupils were able to demonstrate an improvement in their skills since the in school experience day. They learnt new skills and tricks and were able to interact, work with and compete against pupils from other Partnership schools.	Tiddlywinks spent the morning in school working with Reception and Nursery.	All pupils participated in PE week in July. This included taster sessions in a variety of sports e.g golf, cycling, rugby. Assemblies were held focussed on cycle safety and health and fitness. Olympic pole vaulter Sally Scott and Englad rugby player Katy Story inspired pupils with their stories.	Newsletter.  Sustainability through using hoopstarz day to ignite lunchtime and after school hulahooping
	IMPACT:  Pupils' enthusiasm for playground hulahooping has been reignited and levels of physical activity within the school day have increased as a result.  Pupils were exposed to children from other schools and developed confidence and communication skills in	IMPACT:	Pupils better understand the importance of being physically active and the benefits of PA on their health and well-being. Pupils are motivated to participate and have experienced a broader range of activities.	





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Identify the least active young people	PROGRESS:	PROGRESS:	PROGRESS:	School website	
and offer physical activity interventions developed and targeted specifically at them.	A tracking system has been developed to record participation in physical activity at an individual pupil level. Later in the year opportunities will be targeted at the least active.			Tracking system	
	IMPACT:	IMPACT:	IMPACT:		1111
	Greater understanding of participation rates across the school.				
Use sport and physical activity to	PROGRESS:	PROGRESS:	PROGRESS:		•
promote pupils' social, moral and cultural development.	Y3 and Y4 pupils have been introduced to the School Games values of respect, determination, passion, honesty, teamwork and self-belief. This is what their experience of school sport and competition should be built around, rather than just a focus on developing skills and winning.	training. 65% of the children completed the level 1 certification.	Pupils were involved in the cultural celebration at the Northumberland School Games. They prepared and practiced djembe drumming and performed this to approx. 800 people.		
	Pupils are developing a range of positive qualities and inter-personal skills through their participation in sport.	Pupils demonstrated great effort, attitude and application throughout their bikeability training. They are now better prepared to use their bikes to explore the local community.	IMPACT:  The School Games values have been used outside of sport. Pupils have experienced the cultural component of the Northumberland School Games.		





