

this week's menu



North Tyneside
Council working in
partnership with

**New Hartley
First School**

WEEK 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|---|
| CHEF'S CHOICE | Oven baked pork sausages served with chipped potatoes | BBQ glazed chicken served in a bun with oven baked wedges | Pasta Bolognese | Roast turkey served with Yorkshire pudding and roast potatoes | Poached salmon fillet with a parsley sauce served with new potatoes |
| MEAT FREE CHOICE | Quorn meatballs in a tomato & sweet pepper sauce with penne pasta | Lentil and tomato vegetable pie | Mixed bean and pepper enchilada with a spicy tomato sauce | Oven baked jacket potato with a selection of fillings | Cheese and tomato pizza served with chipped potatoes |
| All served with seasonal vegetables and selection of salads from the salad bar | | | | | |
| SWEET CHOICE | Homemade gingerbread served with custard | Golden coconut cookie served with chilled milk & banana | Homemade melting chocolate pudding with peaches & custard | Toffee apple crumble slice served with chilled milk | Frozen yoghurt served with a mini shortbread biscuit |
| Fresh fruit salad and yoghurt is available daily | | | | | |



North Tyneside Council

FRESH food
matters

Menu items subject to change
Please note that we will always restart on Week 1 following a holiday
All items subject to availability

www.northtyneside.gov.uk

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WEEK 2

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|---|
| CHEF'S CHOICE | Chicken curry served with brown rice | Beef burger served in bun with oven baked potato wedges | Turkey & vegetable pie served with creamed potatoes | Roast gammon served with new potatoes | Oven baked battered fish served with chipped potatoes |
| MEAT FREE CHOICE | Cheese & onion lattice served with oven baked potato wedges | Ratatouille hot pot | Cheese & tomato pizza | Pasta served in a homemade tomato sauce | Quorn sausages served with chipped potatoes |
| All served with seasonal vegetables and selection of salads from the salad bar | | | | | |
| SWEET CHOICE | Lemon drizzle slice with chilled milk | Homemade chocolate beetroot cake served with custard | Ice cream sponge served with sauce and peach slices | Homemade flapjack served with chilled milk | Pancakes served with bananas & toffee sauce |
| Fresh fruit salad and yoghurt is available daily | | | | | |



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WEEK 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|---|
| CHEF'S CHOICE | Savoury minced beef & dumpling served with creamed potato | Chicken fillet in a bun served with oven baked potato wedges | Pork & apple hot pot | Roast beef and Yorkshire pudding served with new potatoes | Oven baked fish fingers served with chipped potatoes |
| MEAT FREE CHOICE | Vegetable fingers served with oven baked potato wedges | Quorn meatballs in a homemade tomato sauce served with wholemeal pasta | Cheese & tomato pizza | Sweet and sour vegetables served on a bed of brown rice | Spinach and ricotta tortellini in a homemade tomato sauce |
| All served with seasonal vegetables and selection of salads from the salad bar | | | | | |
| SWEET CHOICE | Apple and cinnamon swirl served with chilled milk | Homemade chocolate brownie served with chilled milk | Fruit jelly & ice cream served with peaches | Homemade mandarin sponge served with custard | Sticky toffee date sponge served with fudge sauce |
| Fresh fruit salad and yoghurt is available daily | | | | | |



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