

Mission 3: 'A smile is a powerful weapon. You can even break ice with it!'

TASK MISSION:

To release ships from the grasps of ice.

BRIEF:

The explorers' adventure is well under way in the Weddell sea. The ice is getting thicker and has managed to stop the vessel in its tracks - explorers are trapped! In this mission they must break through the ice and free their ship!

SUGGESTED OUTCOMES:

- Have the will to succeed.
- How to be patient.
- How to compete in tasks against others.
- Use self-discipline and control.

BY THE END OF THE TOPIC:

- Able to articulate strengths and needs.
- Understand you can learn from making mistakes.
- Know you need to have facts before judgments are made.
- Able to take time to solve problems and find solutions.

RESOURCES:

COJO Box, cones, Jenga blocks, cones, mats and tennis balls.

RESPECT target character behaviours:

Self-discipline, honesty, determination, self-reflection, positivity and decisiveness.

ACTION PLAN:

In a battle of will and resilience, explorers face their toughest challenge yet!

Teams are based in coned off sections of the Endurance.

On the far end of the activity area explorers are faced with a wall of ice (lined up wooden blocks).

In the centre of the space is an iceberg, providing solid land.

ACTIVE DUTY:

In small teams, the explorers need to break the ice.

Teams will initially need to leap from their ship to the solid iceberg – this will require optimum agility.

Having succeeded at this, they will try to get as close as possible to the frozen wall.

Using tennis balls, explorers will smash down as much ice as possible in a given time.

MISSION ACCOMPLISHED:

Team de-brief. To include:

The team, who have knocked down the most ice or created the largest gap, will be the champions of this mission.

Why was the winning team successful?

What helped your team to work together effectively?

Did staying positive and smiling help you to break the ice? How?

One explorer from each team to tell another group what they did well and how they decided to work together to do the mission.

