

Week Beginning 4th May 2020

Monday 4th May 2020

Phonics / Spelling	Reading / Writing	Maths	Physical	Foundation
<p>Different ways of spelling the same sound:</p> <p>ow – blow the snow oa – goat in a boat o-e – phone home</p> <p>Remember to use your yellow speed sounds book.</p> <p>Words to learn this week:</p> <p>blow yellow throat moat nose smoke he his</p> <p>Can you find any other words that use these sounds and add them to your list?</p>	<p>Objective: To listen to a story</p>	<p>Objective: Introduction to weight and mass</p>	<p>Objective: To be active as part of a healthy lifestyle.</p>	<p>Objective: To design a 'super teddy' for John Lewis in aid of NHS charities.</p>
	<p>Link to lesson video and activities: https://www.thenational.academy/year-1/english/saint-george-and-the-dragon-year-1-wk3-1</p> <p>George and the Dragon</p>	<p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 1, Lesson 1 'Introduce weight and mass'</p>	<p>Complete the Joe Wicks work out here: https://www.youtube.com/watch?v=2iDqBO34ieA This is schedules for 8.55am, but can be accessed after this too!</p>	<p>Use the link to direct you to the Superhero Bear Competition: https://www.johnlewis.com/content/your-partners-through-it-all/feel-good-friday</p>
	<p>Alternatively, choose a story book of your own.</p> <p>Look at the front cover, what clues do the illustrations give you about the story? What predictions could you make?</p> <p>Listen as your grown up reads the story to you.</p> <p>Questions to discuss/talk about: Who are the main characters in the story? What are the key stages of the story? What happens in the beginning, middle, end? What was your favourite part of the story?</p>	<p>Practical alternative:</p> <p>Find a range of objects from your house such as: a book; an apple; a pencil; a ball; a water bottle – or similar, small items.</p> <p>Choose two at a time and see if you can predict which will be the heavier/lighter. Can you use your arms like a balance scale? What should happen to the arm with the heaviest object?</p> <p>Use the following vocabulary to talk about the objects: heavier / lighter / weighs more than / less than / the same as If you have scales at home could you check your answers with an adult?</p>	<p>Alternatively, teach your grown up or someone else you live with how to play the beans game as a warm up: Runner beans, Jumping beans, Chilli beans, Jelly beans, Baked beans, French beans</p> <p>Find different ways of travelling round your garden/house – tip toes, bunny hops, hopscotch, hop, skip, jump 2 feet to 2 feet, side step and so on. Remember to look where you are going and take care not to bump into anyone or anything!</p>	<p>Design our very own superhero teddy bear. Think about what super powers your bear might have. What do you wish your teddy bears could do?</p> <p>Will your bear have a special logo like other super heroes? What accessories might your bear have? Will your bear have a cape or a mask? Think carefully about the colours you choose.</p>

Tuesday 5th May 2020

Phonics / Spelling	Reading / Writing	Maths	Physical	Foundation
<p>Different ways of spelling the same sound:</p> <p>ow – throw, snow, oa – coat, cloak, boat o-e – close, stone, rose</p> <p>Remember to use your yellow speed sounds book.</p> <p>Words to learn this week:</p> <p>blow yellow – today's focus throat moat nose smoke he his</p> <p>Can you find any other words that use these sounds and add them to your list?</p>	<p>Objective: To commit a story to memory</p> <p>Use this link to complete today's lesson: https://www.thenational.academy/year-1/english/to-commit-a-story-to-memory-year-1-wk3-2#slide-2</p> <p>George and the Dragon</p> <p>Alternatively, using the story you read yesterday, can you draw a story map to help you remember each part of the story?</p> <p>Remember, the pictures should be quick and simple. Use stick men and women and simple representations of the key features to map out your story in order.</p> <p>Now can you use your story map to retell the story? You may not remember ALL of the actual words from the story, but do try to remember all of the key events.</p> <p>Can you tell the story to your teddy or someone in your house?</p> <p>Could someone else tell the story using your story map?</p> <p>Have fun!</p>	<p>Objective: To begin to measure weight/mass.</p> <p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 1, Lesson 2 'Measure Mass'</p> <p>Practical alternative:</p> <p>Using small regular (all the same) items from your home - for example: Jenga blocks, Lego bricks (all the same size), felt pens, 2p coins. Choose something you have plenty of.</p> <p>How many Lego bricks weigh the same as a tea spoon? or How many Lego bricks weigh the same as an apple?</p> <p>Find different ways of investigating the weight/mass of everyday objects.</p> <p>Use sentences such as: The ___ weighs ___ Lego bricks.</p> <p>Remember – pick one 'unit' of measure and stick to it to make your results accurate.</p>	<p>Objective: To be active as part of a healthy lifestyle.</p> <p>Complete the Joe Wicks work out here: https://www.youtube.com/watch?v=QvWzWgLf8iQ</p> <p>Alternatively, try 'Transport Tuesday'</p> <p>Can you stay active for at least 30 minutes using;</p> <p>a scooter a bike a pogo stick a skateboard</p> <p>Remember to be careful and stay safe, always and stay in your garden or with an adult if you are outside your home.</p> <p>Can you learn any new tricks?</p>	<p>Objective: To research important historical events.</p> <p>What is VE day? Work with a grown up to find out about VE Day and why it is so important to many people.</p> <p>Can you find any videos or online information? Can you speak to someone on the phone about what they know? Anything you find out may be helpful for when you complete the activities / competitions mentioned on Wednesday and Thursday.</p> <p>These links may be helpful: https://www.bbc.co.uk/newsround/48201749 https://www.bbc.co.uk/cbbc/watch/horrible-histories-songs-ve-day-song</p>

Wednesday 6th May 2020

Phonics / Spelling	Reading / Writing	Maths	Physical	Foundation
<p>Different ways of spelling the same sound:</p> <p>ow – blow, yellow oa – throat, moat o-e – smoke, nose</p> <p>Remember to use your yellow speed sounds book.</p> <p>Words to learn this week:</p> <p>blow yellow throat moat nose smoke he – today's focus his – today's focus</p> <p>Can you find any other words that use these sounds and add them to your list?</p>	<p>Objective: To describe a character's appearance.</p> <p>Use this link to complete today's lesson: https://www.thenational.academy/year-1/english/to-describe-a-characters-appearance-year-1-wk3-3#slide-2</p> <p>Alternatively, choose an interesting character from your story. An animal character is a good one to choose if you can. Make a list of the key features of the character you have chosen e.g. nose, teeth, claws, body, wings, eyes. Draw your own version of the character, making sure to include all the key features you listed. Your character will be similar but could be different to the one in the book. Now use some adjectives to describe what each part of your character looks like. Remember, adjectives describe nouns (the parts of the body you have identified) to give us more information about what something looks like. For example: bright blue eyes or long pink tail. Can you write labels for each part of your character, including at least one adjective for each part? Show your finished, labelled picture to someone in your house.</p>	<p>Objective: To compare mass</p> <p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 1, Lesson 3 'Compare mass'</p> <p>Practical alternative:</p> <p>Using the objects, you collected yesterday; can you find out which items are heavier / lighter than others?</p> <p>How do you know?</p> <p>Can you draw/write what you find out?</p> <p>Use sentences like these:</p> <p>The ____ is heavier than the ____.</p> <p>The ____ is lighter than the ____.</p>	<p>Objective: To be active as part of a healthy lifestyle.</p> <p>Complete the Joe Wicks work out here: https://www.youtube.com/watch?v=3jPs9Zz8Nf4</p> <p>Alternatively, using the 'What's your name?' image at the end of this document, spell out your full name and complete the activities listed.</p> <p>E.g. M – do 3 tuck jumps R – walk like a bear for the count of 5 S – bend down and touch your toes 15 times</p> <p>B – spin round in a circle 3 times A – jump up and down 10 times N – pick up a ball without using your hands K – march like a toy soldier for a count of 12 S – bend down and touch your toes 15 times</p> <p>Take care to make sure you are in a safe space first!</p>	<p>Objective: To be able to write for a purpose.</p> <p>Look at the VE day creative writing poster on our class page. http://www.newhartley.northumberland.sch.uk/website/year_1/422152</p> <p>Follow the instructions and enter the competition.</p> <p>Please send entries direct to the address given on the poster by Saturday 9th May.</p> <p>I would love to read them too of course, so feel free to send them to me too.</p> <p>Remember this is entirely optional.</p>

Phonics/Spelling	Reading / Writing	Maths	Physical	Foundation
<p>Different ways of spelling the same sound: ow, oa, o-e</p> <p>Can you read this sentence? He can blow smoke from his yellow nose.</p> <p>How many different 'ow' words can you spot?</p> <p>Repeat for this sentence: His sharp spikes are on his throat.</p> <p>Spellings – cover the list from this week and see how many you can spell correctly. Can you write each word three times?</p>	<p>Objective: To describe a character's personality</p> <p>Use this link to complete today's lesson: https://www.thenational.academy/year-1/english/to-describe-a-characters-personality-year-1-wk3-4#slide-2</p> <p>Alternatively, building on from yesterday's session where you described what your character looked like on the outside (appearance) today you are going to focus on what your character is like on the inside, their personality. Think about what you know about the story and how your chosen character behaves. This will help you describe the character's personality. You may choose words like; silly, scary, kind – but you must choose carefully and make sure they match the actions of your character well.</p> <p>Think of different words to describe your character's personality e.g. terrifying, confused, friendly, deadly, funny, happy. You may be able to choose different words for different parts of the story, depending on what your character says and does at different points of the story. Can you write at least three sentences? Use my example to help: The mouse is brave. The mouse is kind. The mouse is caring.</p>	<p>Objective: To introduce capacity and volume</p> <p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 1, Lesson 4 'Introduce capacity and volume'</p> <p>Practical alternative:</p> <p>Using a small plastic cup (or similar) at the sink or in a dish of water outside or even in the bathtub, introduce the vocabulary; empty, almost empty, full, almost full</p> <p>Next using two of the same container e.g. plastic cup, (you may want to label them A and B, or use two different colours) pour different amounts of water in each and use 'more' or 'less' to complete the sentences.</p> <p>A has ____ than B B has ____ than A</p> <p>Draw three cups, labelling them A, b and C. Can you mark on the capacity using these clues?</p> <p style="padding-left: 40px;">A is nearly full. B is nearly empty. A has more than C. C has more than B.</p>	<p>Objective: To be active as part of a healthy lifestyle.</p> <p>Complete the Joe Wicks work out here: https://www.youtube.com/watch?v=MNFdY4cZtWY</p> <p>Alternatively, using the 'What's your name?' image at the end of this document, spell out the name of your best friend and complete the activities listed.</p> <p>E.g. M – do 3 tuck jumps R – walk like a bear for the count of 5 S – bend down and touch your toes 15 times</p> <p>B – spin round in a circle 3 times A – jump up and down 10 times N – pick up a ball without using your hands K – march like a toy soldier for a count of 12 S – bend down and touch your toes 15 times</p> <p>Take care to make sure you are in a safe space first!</p> <p>Who had the harder work out, you or your best friend?!</p>	<p>Objective: To create a poster.</p> <p>Look at the VE day art competition poster on our class page. http://www.newhart.ley.northumberland.sch.uk/website/year1/422152</p> <p>Follow the instructions and enter the competition.</p> <p>Please send entries direct to the address given on the poster by Saturday 9th May.</p> <p>I would love to read them too of course, so feel free to send them to me too.</p> <p>Remember this is entirely optional.</p>

Friday 8th May 2020

Phonics/Spelling	Reading / Writing	Maths	Physical	Foundation
Different ways of spelling the same sound.	Objective: To write a character description.	Objective: To measure capacity.	Objective: To be active as part of a healthy lifestyle.	Objective: To celebrate and have fun!
Can you write the three different ways of spelling 'ow' we have been learning this week?	Use this link to complete today's lesson: https://www.thenational.academy/year-1/english/to-write-a-character-description-year-1-wk3-5#slide-2	Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 1, Lesson 5 'Measure capacity'	Complete the Joe Wicks work out here: https://www.youtube.com/watch?v=BYnBVFa3DZw	Today is a special bank holiday (even though we are all at home). By now you should know a little about VE Day and why it is so important in British history.
Spelling quiz/check. Write each of the words your grown up tells you from the list we have been learning.	Alternatively, use the character you have been working on all week. Think of a name for him/her and write that at the top of your page as the title for your work. Write an opening sentence that describes your character's personality. e.g. <u>Milo</u> Milo the mouse is kind and can be brave too. Now, using some of the vocabulary you decided on in the previous lessons, continue to write a character description using the conjunction 'and' to extend your sentences. E.g. He has a tiny body and huge round ears.	Practical alternative: You will need a small container, such as an egg cup or small cup and a larger container such as a jug or a cereal bowl. Find out how many cups of water it takes to fill the jug. When you know this, can you predict how many cups it would take to fill 2 jugs? How did you work this out? Can you check?	Alternatively, work with someone in your house (this can be a grown up!) to create the balances provided in the pictures on the next page. Remember a balance must be controlled and still for at least 3 seconds. If it is wobbly or floppy, it doesn't count!	Many people will be marking this day in different ways. You may want to make bunting, have a tea party, listen to/sing historic war time songs or watch a VE Day TV program.
Think carefully about which spelling of the 'ow' sound you need.	His fur is soft and brown. He has small strong legs and a long thin tail. Make sure you have described your character's appearance and personality using all of the labels you completed earlier in the week.	Grown-ups – if it takes 5 cups to fill the jug, ask your child how many jugs could be filled with 20 cups of water? or 2 cups to fill the jug, how many jugs could be filled with 10 cups? or 10 cups to fill the jug, how many jugs could be filled with 40 cups? See if they can apply their knowledge of counting on in 2s, 5s or 10s wherever it is appropriate to.	Be careful and have fun!	Whatever you and your family do today, remember to have fun, be kind to one another and be mindful of all that we can be thankful for, even in this strange time in our lives!
You may want to write these words in sentences or phrases too.	Remember: Proof read and edit. Have you used capital letters, full stops and spaces? If you can think of better adjectives to use, feel free to change them to improve your writing now too.			

Wednesday's Physical activity:

what's your name? fit activity for kids

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

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| A jump up and down 10 times | N pick up a ball without using your hands |
| B spin round in a circle 3 times | O walk backwards for 20 steps then skip back |
| C hop on one foot 5 times | P walk sideways 20 steps then hop back |
| D run to the nearest door and back | Q crawl like a crab for the count of 10 |
| E walk like an elephant for the count of 5 | R walk like a bear for the count of 5 |
| F do 3 cartwheels (make sure it is safe first!) | S bend down and touch your toes 15 times |
| G do 10 jumping jacks | T pretend to pedal a bike with your hands for the count of 17 |
| H hop like a frog 10 times | U roll a ball using only your head |
| I balance on your left foot for a count of 10 | V flap your arms like a bird for the count of 25 |
| J balance on your right foot for a count of 10 | W pretend to ride a horse for a count of 15 |
| K march like a toy soldier for a count of 12 | X stretch up and try to touch the clouds for a count of 15 |
| L pretend to skip with a rope for a count of 20 | Y walk on your knees for a count of 10 |
| M do 3 tuck jumps | Z do 10 push ups |

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - WWW.THEYSMELL.COM

Balances referred to in Friday's physical session:

