

Week Beginning 11th May 2020

Monday 11th May 2020

Phonics / Spelling	Reading / Writing	Maths	Physical	Foundation
<p>Different ways of spelling the same sound: igh – sigh ie – tie i-e – hide</p> <p>Remember to use your yellow speed sounds book.</p> <p>Words to learn this week: high sigh lie pie glide ride to – today's focus said</p> <p>Can you find any other words that use these sounds and add them to your list?</p>	<p>Objective: To listen to a story <i>Katie in London Day 1</i></p> <p>Link to lesson video and activities: https://www.thenational.academy/year-1/english/katie-in-london-year-1-wk2-1#slide-2</p> <p>Alternatively, share a story with your grown up. (if you have one set in a city that would be fab!) The main focus for the session is understanding what a setting is. A setting is a place in a story. It might be that the story is set in the character's home, but at different parts of the story they are in different rooms – each is a new setting. It could be that the story takes place in a city, but visiting different landmarks or places around the city or it may even be set in an imaginary place/world! Questions to answer about your story: Who are the main characters in your story? Write them down. Can you identify the setting of your story, or different settings at each stage of your story? List them in order.</p>	<p>Objective: To be able to compare capacity / volume</p> <p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 2, Lesson 1 'Compare Capacity'</p> <p>Practical alternative: Collect a range of 3 or 4 containers (e.g. small jug, cereal bowl, coffee mug, vase).</p> <p>Using a small plastic cup/egg cup, estimate which container will need the most egg cups of water to fill. Count how many it takes to fill that container then estimate how many it will take to fill the others.</p> <p>Remember, your estimate should not be more than the number you counted for the largest container. Estimates are sensible guesses based on what we already know.</p> <p>Once you have estimated, check. How close were you? Now that you know the volume/capacity of each container can you use the less than <, more than > and equal to = symbols to compare the containers. e.g. jug < vase or jug > mug or mug = mug</p>	<p>Objective: To be active as part of a healthy lifestyle</p> <p>Complete Monday 11th Joe Wicks work out here: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p> <p>Alternatively, turn on the radio or pop a CD on and dance!</p> <p>Can you make your body move in time the music?</p> <p>Can you come up with some repetitive movements to use each time the chorus plays in the song?</p> <p>Can you teach your dance to someone else in your family?</p> <p>Make sure you are moving enough to raise your heart rate and wake your body up!</p> <p>Have fun!</p>	<p>Objective: To be able to name all 7 continents.</p> <p>Oak Academy lesson: What is a continent? https://www.thenational.academy/year-1/foundation/what-is-a-continent-year-1-wk1-1</p> <p>Alternatively,</p> <p>Can you teach someone else in your house our continents song? Then list them from biggest to smallest. If you cannot remember the song, use the link below to remind yourself.</p> <p>https://www.youtube.com/watch?v=K6DSMZ8b3LE</p>

Tuesday 12th May 2020

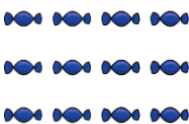
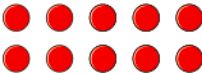
Phonics / Spelling	Reading / Writing	Maths	Physical	Foundation										
<p>Different ways of spelling the same sound: igh, ie, i-e</p> <p>Reading words with our focus sounds. Read these words and underline all the different 'igh' sounds.</p> <p>light tie hide lie sigh</p> <p>Words to learn this week:</p> <p>high sigh lie pie glide ride to said – focus on this one today</p> <p>Can you find any other words that use these sounds and add them to your list?</p>	<p>Objective: To commit a story to memory <i>Katie in London Day 2</i></p> <p>Use this link to complete today's lesson: https://www.thenational.academy/year-1/english/to-commit-a-story-to-memory-year-1-wk2-2#slide-2</p> <p>Alternatively, retell the story you used yesterday, rather than reading the words, use the pictures to tell the story instead. Can you remember any key words or phrases? Are there any 'wow' words you would like to 'magpie'? (borrow or copy!)</p> <p>Now, can you draw your own story map? Make sure to include each of the settings in your story. You may choose to write the place names down in your story map and any of the 'wow' words you liked too.</p> <p>Use your story map to retell the story to someone in your house. Did you remember all of the main details? Do you need to add any extra clues to your story map? You can do this now.</p>	<p>Objective: To count in tens</p> <p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 2, Lesson 2 '<i>Count in tens</i>'</p> <p>Practical alternative: Using pencil and paper, make your own ten frames. Make at least 10. Try to make sure they are all the same size. Remember they look like this:</p> <table border="1" data-bbox="1032 683 1312 767"> <tr><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>Now using coins, buttons, Lego bricks (anything small you have lots of) arrange them in the ten frames. Count in 10s to find out how many you have. Repeat for different examples. Each time use the sentences: There are ____ Lego bricks on each ten frame. There are ____ ten frames. There are ____ Lego bricks altogether.</p> <p>Grown-ups – this is the very start of multiplication, helping your child to make equal groups and counting in that number, making links between 4 groups of 10 is 40. Though this level of understanding is NOT necessarily expected at this stage, some children may be ready for it.</p>											<p>Objective: To be active as part of a healthy lifestyle.</p> <p>Complete Tuesday 12th Joe Wicks work out here: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ</p> <p>Alternatively, try 'Transport Tuesday'</p> <p>Can you stay active for at least 30 minutes using;</p> <p>a scooter a bike a pogo stick a skateboard</p> <p>Remember to be careful and stay safe, always and stay in your garden or with an adult if you are outside your home.</p> <p>Can you learn any new tricks?</p>	<p>Objective: To investigate, ask questions and observe.</p> <p>This afternoon let's be scientists!</p> <p>Can you grow a rainbow?</p> <p>Use the image on the final page to help you carry out this experiment.</p> <p>Before you start, talk about what you think might happen – make a prediction.</p> <p>Discuss what you see happening during the experiment.</p> <p>Discuss the science!</p> <p>Next steps could be to pop a daffodil or other flower out of your garden into a pot of coloured water and see what happens. Can you make links to the rainbow experiment?</p>

Wednesday 13th May 2020

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<p>Different ways of spelling the same sound: igh, ie, i-e</p> <p>Read these words, can you underline the different 'igh' sounds?</p> <p>right lie stride slime pie sigh</p> <p>Words to learn this week:</p> <p>high sigh lie pie glide ride to said</p> <p>Two words at a time, read, then cover, write and finally check them.</p> <p>Did you use the correct 'igh' sounds each time?</p>	<p>Objective: To use capital letters for proper nouns</p> <p>Katie in London Day 3</p> <p>Use this link to complete today's lesson: https://www.thenational.academy/year-1/english/to-use-capital-letters-for-proper-nouns-year-1-wk2-3#slide-2</p> <p>Alternatively, We already know that sentences need a capital letter to start. Today's focus is to use capital letters for proper nouns too.</p> <p>A proper noun is the name of a particular person, place or thing, e.g. I live in a village. - This doesn't tell us which village, so we need the proper noun: I live in New Hartley.</p> <p>Proper nouns need capital letters where ever they are in the sentence.</p> <p>Can you read these words and decide which are proper nouns and which are just nouns? Write them out, giving proper nouns a capital letter.</p> <p>cat ella house tyne tunnel matthew</p> <p>Spot the proper nouns in these sentences – copy and correct to include capital letters:</p> <p>ella and matthew went to newcastle</p> <p>The cat could see the tyne bridge.</p> <p>the spire at newcastle cathedral is really high.</p> <p>Can you write some of your own sentences linked to your story?</p>	<p>Objective: To make equal groups</p> <p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/</p> <p>Make sure to scroll to the correct lesson – Week 2, Lesson 3 'Make Equal Groups'</p> <p>Practical alternative:</p> <p>Use objects similar to yesterday's activity, or pencils, sweets – anything you can make groups of easily.</p> <p>Arrange them into equal groups e.g.</p> <p>3 pots of pencils with 4 pencils in each or 4 plates with 3 cookies on each</p> <p>Use the sentence below to describe what you have each time:</p> <p>There are ____ equal groups of ____</p> <p>Can you spot when groups are not equal? Ask a grown up to create some examples. Using the vocabulary 'equal' and 'unequal' describe the groups.</p> <p>Can you make:</p> <p>5 equal groups of 3</p> <p>3 equal groups of 5</p> <p>4 equal groups of 6</p> <p>2 equal groups of 10</p> <p>Talk about your answers. What do you notice?</p>	<p>Objective: To be active as part of a healthy lifestyle.</p> <p>Complete Wednesday 13th Joe Wicks work out here: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p> <p>Alternatively, using the 'What's your name?' image at the end of this document, spell 'NEW HARTLEY' and complete the activities listed for each letter.</p> <p>Take care to make sure you are in a safe space first!</p>	<p>Objective: To investigate colours in the natural world.</p> <p>Oak Academy lesson: https://www.thenational.academy/year-1/foundation/to-investigate-the-colours-year-1-wk1-5</p> <p>Can you to collect petals, leaves, sticks and other items to make a colourful picture in the style of Andy Goldsworthy? If you can collect these from your garden that would be great – but if not, perhaps try and pick a few things up when you go out for your daily exercise. Or you can get extra creative and use colourful items from your home, like toys, fruit or clothes.</p> <p>Can you use the objects you have collected to create a picture? Ask a grown up to take a photograph of your finished work!</p>

Phonics/Spelling	Reading / Writing	Maths	Physical	Foundation
<p>Different ways of spelling the same sound: igh, ie, i-e</p> <p>Can you write the 'igh' words your grown up tells you? Remember to think carefully about which 'igh' sound you need. high, hide, lie, sigh, slime</p> <p>Spellings – cover the list from this week and see how many you can spell correctly. Can you write each word three times?</p>	<p>Objective: To begin to write a story <i>Katie in London Day 4</i></p> <p>Use this link to complete today's lesson: https://www.thenational.academy/year-1/english/to-begin-to-write-our-story-year-1-wk2-4#slide-2</p> <p>Alternatively, using your story map from Tuesday, can you begin to write your own version of this story? Aim to complete at least half of the story today. You must remember:</p> <ul style="list-style-type: none"> • Capital letters to start sentences • Capital letters for proper nouns • Small spaces between words • All sounds in words • All words in sentences • Full stops, question marks or exclamation marks to show the end of sentences <p>Take your time and remember to: THINK your sentence – use your story map pictures to help, SAY your sentence – out loud a couple of times to help you remember it, WRITE your sentence – one word, one sound at a time! CHECK your sentence – does it make sense? Have you used all of the words you intended to? Do this for each sentence as you go to be the best you can be!</p>	<p>Objective: To add equal groups</p> <p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 2, Lesson 4 'Add Equal Groups'</p> <p>Practical alternative: Using pictures or the objects you have used in previous lessons, make 4 equal groups of 5. (I have used pencils as my example)</p> <p>Now write the sentences below and complete the missing numerals:</p> <p>There are ____ pencils in each pot. There are ____ pots. There are ____ equal groups of ____. There are ____ pencils altogether.</p> <p>____ + ____ + ____ + ____ = ____</p> <p>Repeat for a variety of equal groups (between two and ten) of 2, 5 or 10 objects. Make sure to record the sentences for each, including the repeated addition number sentences.</p>	<p>Objective: To be active as part of a healthy lifestyle.</p> <p>Complete Thursday 14th Joe Wicks work out here: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ</p> <p>Alternatively, Make yourself an obstacle course around your house or garden (check with your grown up first!)</p> <p>Can you find things to: jump over - crawl under walk along - balance on</p> <p>Can you include a range of movements: jump – skip – hop – bunny hop – side step – log roll, egg roll, teddy roll</p> <p>Can you include a range of directions: forwards – backwards - zig zag</p> <p>Can you include a range of levels: low to the ground – crouched – standing - tip toes</p>	<p>Objective: To be able to play/compose rhythms</p> <p>Use the busy things music page to play Bobble beat or Bouncing beat https://www.busythings.co.uk/play/?pid=75484&token=fa418dcd96846d58fc452e7aec77241022657b91e0feaacf7e39f0d1e9503583</p> <p>Alternatively,</p> <p>Do you clap the NHS 8pm on Thursdays? Use a saucepan and spoon to create your own short rhythm and make the best noise in your street.</p>

Friday 15th May 2020

Phonics/Spelling	Reading / Writing	Maths	Physical	Foundation
<p>Different ways of spelling the same sound – igh, ie, i-e</p> <p>Can you write the three different ways of spelling 'igh' we have been learning this week?</p> <p>Spelling quiz/check. Write each of the words your grown up tells you from the list we have been learning.</p> <p>Think carefully about which spelling of the 'igh' sound you need.</p> <p>You may want to write these words in sentences or phrases too.</p>	<p>Objective: To write a story, edit and improve <i>Katie in London Day 5</i></p> <p>Use this link to complete today's lesson: https://www.thenational.academy/year-1/english/to-continue-to-write-our-story-year-1-wk2-5#slide-2</p> <p>Alternatively, read what you began writing in yesterday's session before you continue to write the story until you have completed it. You must remember:</p> <ul style="list-style-type: none"> • Capital letters to start sentences • Capital letters for proper nouns • Small spaces between words • All sounds in words • All words in sentences • Full stops, question marks or exclamation marks to show the end of sentences <p>Take your time and remember to:</p> <p>THINK your sentence – use your story map pictures to help,</p> <p>SAY your sentence – out loud a couple of times to help you remember it,</p> <p>WRITE your sentence – one word, one sound at a time!</p> <p>CHECK your sentence – does it make sense? Have you used all of the words you intended to? Do this for each sentence as you go to be the best you can be! If you spot anything you would like to change, edit your writing to improve it.</p>	<p>Objective: To make arrays.</p> <p>Link to lesson video and activities: https://whiterosemaths.com/homelearning/year-1/ Make sure to scroll to the correct lesson – Week 2, Lesson 5 'Make Arrays'</p> <p>Practical alternative:  Draw sweets like this:</p> <p>Notice how they are all the same size, with the same spacing between. This is called an array. Rows go across from left to right. Columns go from top to bottom. Circle each row of sweets. How many rows are there? There are ___ rows.</p> <p>Draw them again and this time circle each column of sweets. How many columns are there? There are ___ columns. </p> <p>Make/draw this array. Complete the sentences below: There are ___ objects in each row. There are ___ rows. There are ___ counters altogether. There are ___ objects in each column. There are ___ columns. There are ___ counters altogether. Make your own array and complete the same sentences for it.</p>	<p>Objective: To be active as part of a healthy lifestyle.</p> <p>Complete Friday 15th Joe Wicks work out here: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p> <p>Alternatively, play some traditional playground games. Some can be done on your own, others you will need a partner such as:</p> <p>hopscotch skipping throwing / catching tag leap frog</p> <p>Can you keep active for a minimum of 30 minutes?</p>	<p>Objective: To make a card.</p> <p>Can you make a card for someone you are missing right now? It could be a friend or family member that you have not been able to see since lockdown started. Draw picture you know would make them smile. Think of something you could say that would make them smile too. Perhaps tell them what you are looking forward to doing when you see each other again, or tell them what you have been doing at home. Remember it is ok to let them know you miss them too, but try to be positive! You may be able to post your card if it is to a family member, or if you have chosen a school friend, your grown up could email me photographs of your finished work and I could send them on to your friend.</p>

Wednesday's Physical activity:

what's your name? fit activity for kids

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

- | | |
|--|--|
| A jump up and down 10 times | N pick up a ball without using your hands |
| B spin round in a circle 3 times | O walk backwards for 20 steps then skip back |
| C hop on one foot 5 times | P walk sideways 20 steps then hop back |
| D run to the nearest door and back | Q crawl like a crab for the count of 10 |
| E walk like an elephant for the count of 5 | R walk like a bear for the count of 5 |
| F do 3 cartwheels (make sure it is safe first!) | S bend down and touch your toes 15 times |
| G do 10 jumping jacks | T pretend to pedal a bike with your hands for the count of 17 |
| H hop like a frog 10 times | U roll a ball using only your head |
| I balance on your left foot for a count of 10 | V flap your arms like a bird for the count of 25 |
| J balance on your right foot for a count of 10 | W pretend to ride a horse for a count of 15 |
| K march like a toy soldier for a count of 12 | X stretch up and try to touch the clouds for a count of 15 |
| L pretend to skip with a rope for a count of 20 | Y walk on your knees for a count of 10 |
| M do 3 tuck jumps | Z do 10 push ups |

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - WWW.THEYSMELL.COM

How to Grow a Rainbow

You will need:

- Kitchen roll/paper towel
- Felt tip pens
- Two small bowls of water
- Paper clip
- Thread



1. Cut your kitchen roll into the shape of a rainbow.
2. Colour a rainbow with felt tips about 2 cm up on both sides.
3. Attach your paper clip to the top and tie a piece of thread to it. This will give you something to hold your rainbow with.
4. Fill each small container with water.
5. Hold your rainbow with the ends slightly submerged in the water then watch your rainbow grow!

THE SCIENCE

A brief introduction to 'capillary action'! Water molecules like to stick to things - including themselves. Sticking to things is called *adhesion* and sticking to itself is called *cohesion*. The fibres in kitchen roll make lots of little holes. Water is 'sucked' through the holes because of adhesion (liking to stick to other things) and cohesion (liking to stick to itself) means the rest of the water follows. The water pressure will eventually slow down and the pressure of gravity will mean it stops moving.

@MrsBpriSTEM